

CACFP Resources

From Texas Department of Agriculture's website: www.SquareMeals.com

However, these can also be found on USDA's Food and Nutrition Services webpage: <https://www.fns.usda.gov/cacfp>

Child Meal Pattern Chart

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Infant Meal Pattern Chart

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_infantmealpattern.pdf

A brochure with meal pattern, tips and best practices for the CACFP Meal Pattern

<https://squaremeals.org/Portals/8/files/CACFP%20Resources/CACFP%20Meal%20Pattern%20Brochure.pdf>

Menu Planning in the CACFP: Information on healthier cooking methods for the 5 meal components, food safety tips. Contains several weeks' worth of menus with recipes including serving size for age groups and shopping list.

<https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/menu-planning-guide-web.pdf>

CACFP Crediting Handbook: This guide goes through the five meal components in detail outlining what is allowed and not allowed explaining why specific items are allowed or not.

https://fns-prod.azureedge.net/sites/default/files/resource-files/FNS_Crediting_Handbook.pdf

Training Videos on all aspects of CACFP Newly updated self paced trainings on meal pattern

<https://squaremeals.org/FandNResources/Training/CACFPTraining.aspx>

PowerPoint Slides to help train on CACFP Meal Pattern

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

Use these meal pattern posters to view sample meals with appropriate serving sizes for children

<https://www.fns.usda.gov/tn/meal-pattern-posters-cacfp>

How to use the CACFP meal pattern to lower food costs

https://squaremeals.org/Portals/8/files/cacfp/New%20Meal%20Pattern/CACFP%20new%20meal%20patterns%20lower_costs.pdf



TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

Fraud Hotline: 1-866-5-FRAUD-4 or 1-866-537-2834 | P.O. Box 12847 | Austin, TX 78711
Toll Free: (877) TEX-MEAL | For the hearing impaired: (800) 735-2989 (TTY)



Food and Nutrition Division
Child and Adult Care Food Program

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Tips on healthy drinks and swaps

<https://healthydrinkshealthykids.org/>

Advice on how to feed Toddlers

<https://www.strong4life.com/en/feeding-and-nutrition>

Recorded Webinars from USDA on CACFP food items

<https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series>

Serving milk in the CACFP Bingo game

<https://www.fns.usda.gov/tn/serving-milk-bingo>

Training on how to serve vegetables

<https://www.fns.usda.gov/tn/serving-vegetables-cacfp>

Recipes for CACFP

<https://www.fns.usda.gov/tn/standardized-recipes-cacfp>

The Institute of Child Nutrition stores recipes and recordings from the USDA Food and Nutrition Services program that oversees the CACFP

Institute of Child Nutrition

<https://theicn.org/>

Culinary Institute of Child Nutrition
Videos demonstrating cooking techniques

<https://theicn.org/cicn/>

Resources specific to CACFP including:
Handouts and webinars on meal pattern,
examples of cycle menus, food safety

<https://theicn.org/cacfp>

Representatives of State agencies administering child nutrition programs, USDA regional offices, School Nutrition Association state affiliates, CACFP sponsors, and allied organizations (such as ASBO) may request face to face group training.

To learn more about the requirements please click here: <https://theicn.org/training 2/>



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