

CACFP Resources

From Texas Department of Agriculture's website: www.SquareMeals.com
However, these can also be found on USDA's Food and Nutrition Services webpage: <https://www.fns.usda.gov/cacfp>

Child Meal Pattern Chart

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_childmealpattern.pdf

Infant Meal Pattern Chart

https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_infantmealpattern.pdf

A brochure with meal pattern, tips and best practices for the CACFP Meal Pattern

<https://squaremeals.org/Portals/8/files/CACFP%20Resources/CACFP%20Meal%20Pattern%20Brochure.pdf>

Menu Planning in the CACFP: Information on healthier cooking methods for the 5 meal components, food safety tips. Contains several weeks' worth of menus with recipes including serving size for age groups and shopping list.

<https://dpi.wi.gov/sites/default/files/imce/community-nutrition/pdf/menu-planning-guide-web.pdf>

CACFP Crediting Handbook: This guide goes through the five meal components in detail outlining what is allowed and not allowed explaining why specific items are allowed or not.

https://fns-prod.azureedge.net/sites/default/files/resource-files/FNS_Crediting_Handbook.pdf

Training Videos on all aspects of CACFP
Newly updated self paced trainings on meal pattern

<https://squaremeals.org/FandNResources/Training/CACFPTraining.aspx>

PowerPoint Slides to help train on CACFP Meal Pattern

<https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>

Use these meal pattern posters to view sample meals with appropriate serving sizes for children

<https://www.fns.usda.gov/tn/meal-pattern-posters-cacfp>

How to use the CACFP meal pattern to lower food costs

https://squaremeals.org/Portals/8/files/cacfp/New%20OMeal%20Pattern/CACFP%20new%20meal%20patterns%20lower_costs.pdf



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Fraud Hotline: 1-866-5-FRAUD-4 or 1-866-537-2834 | P.O. Box 12847 | Austin, TX 78711
Toll Free: (877) TEX-MEAL | For the hearing impaired: (800) 735-2989 (TTY)



Food and Nutrition Division
Child and Adult Care Food Program

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www.SquareMeals.org

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Tips on healthy drinks and swaps	https://healthydrinkshealthykids.org/
Advice on how to feed toddlers including lunch ideas	https://www.strong4life.com/en/feeding-and-nutrition
Recorded webinars from USDA on CACFP food items	https://www.fns.usda.gov/tn/crediting-updates-child-nutrition-programs-be-know-webinar-series
Serving milk in the CACFP Bingo game	https://www.fns.usda.gov/tn/serving-milk-bingo
Training on how to serve vegetables	https://www.fns.usda.gov/tn/serving-vegetables-cacfp
Recipes for CACFP	https://www.fns.usda.gov/tn/standardized-recipes-cacfp

The Institute of Child Nutrition stores recipes and recordings from the USDA Food and Nutrition Services program that oversees the CACFP

Institute of Child Nutrition	https://theicn.org/
Culinary Institute of Child Nutrition Videos demonstrating cooking techniques	https://theicn.org/cicn/
Resources specific to CACFP including: Handouts and webinars on meal pattern, examples of cycle menus, food safety	https://theicn.org/cacfp

Representatives of State agencies administering child nutrition programs, USDA regional offices, School Nutrition Association state affiliates, CACFP sponsors, and allied organizations (such as ASBO) may request face-to-face group training. To learn more about the requirements please click here: <https://theicn.org/training-2/>



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